

GOOD FOOD CHARTER

Food systems create 40% of greenhouse gas emissions (IPCC 2022) and biodiversity in the UK has fallen by 70% since 1970. Our actions can help to combat the climate and nature emergency.

Good food is vital to the quality of all our lives. As well as being tasty, healthy and affordable the food we eat should be good for nature, good for workers, good for local businesses and good for animal welfare. Our vision is to create a healthy and sustainable food culture for people living and working in the Winchester District, regardless of income.

1. Good for People

- Ensure everyone has access to **healthy, nutritious, affordable and ethically sourced food,** and to information that promotes better food choices.
- Inspire people about good food and provide opportunities to develop food growing, cooking and buying skills.
- Work closely with food providers, manufacturers, retailers and caterers to provide good, safe, sustainable and culturally appropriate food; to promote the health and wellbeing of the people they serve.
- Work together to tackle and eradicate food poverty.
- Ensure workers throughout the food chain have **excellent working conditions and are fairly** paid for their work.

2. Good for Community

- Give businesses that support the local food economy by producing and selling local, healthy and sustainable food, the opportunity to grow and thrive in Winchester.
- Encourage new and innovative working practices so public and private sector bodies can **promote the local food economy** by procuring good quality and sustainable food.
- Ensure planners and policy-makers enable communities to access land, buildings and other resources that **enable people to innovate and take more control of their food**.

3. Good for the Planet

- Support food production that protects and enhances natural ecosystems and resources; promote high animal welfare standards; reduce food miles, packaging and waste; and increase composting and recycling.
- Maximise the use of green space and brownfield sites in and around the Winchester District so people can grow their own food.

By signing this Charter you agree to support the values and vision of Winchester Food Partnership and sign up to at least one good food pledge overleaf. We'll add you to our mailing list so you can be the first to know about upcoming events, volunteer opportunities and good food news in the district.

| Signature | Date |
|--------------|------|
| Email | |
| I pledge to: | |
| | |

You can do things today to make the food you eat better for you, better for the planet, better for your community. Pledge to do one or more to show your support for a world of good food for all.

Joining our partnership is free, and all you need to do is sign the Charter with a pledge around what you are doing, or are planning to do, to support the vision of the Charter.



Visit winchesterfoodpartnership.mediavoid.net

Some suggested PLEDGES - or make your own

FOR INDIVIDUALS

- 1. Shop locally at independent stores and restaurants
- 2. Waste less! Food, packaging, water & energy. Visit https://lovefoodhatewaste.com/
- 3. Buy more sustainable and responsibly sourced products like https://www.fairtrade.org.uk/
- 4. Stop buying single-use water bottles & refill yours from the tap
- 5. Include more plant based food in your diet
- 6. Grow your own vegetables & herbs at home or with a group

 Visit https://www.goodtogrowuk.org/map/winchester-eastleigh

FOR BUSINESSES, ORGANISATIONS & GROUPS

- 1. Become a living wage employer
- 2. Join a good food campaign
- 3. Procure local sustainable and responsibly sourced food
- 4. Encourage volunteering with local food projects as part of your community engagement
- 5. Provide opportunities to grow food at work and in the community



WANT TO DO MORE?

Download the Charter at:-<u>https://winchesterfoodpartnership.mediavoid.net</u>, put it on display and promote the actions to your neighbours, staff,

customers or members.

- Encourage others to join Winchester Food Partnership.
- Let us know what you are doing so we can add you to the Winchester Good to Grow map.
- Join our steering group!
 Contact us at https://winchesterfoodpartnership.mediavoid.net or call 01962 713392

